

YSFL Rules Examination

Part 1 Practice

This practice examination is divided into many parts. For each part, you should carefully read each question to ensure that you complete the answer sheet in the proper fashion. Write your answers (true/false) on each line of each question to the left of the question number. Use a #2 pencil. Retain this test and use it to reference and compare answers using the 2013 YSFL Rulebook & Officials Manual. **NOTE:** In the exam situations, **A** – refers to the offensive team and **B** – refers to their opponents the defensive team. Unless stated, acts occur while the ball is in-bounds, a forward pass is legal; any out-of- bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession unless it is mentioned, and penalties are considered accepted for enforcement purposes.

Timing

1. Each team is granted one (1) charged time-out per half
2. If unused, a timeout in the first half can carry over to the second half
3. A two minute warning each half allows teams full time out privileges.
4. Officials time-out for an injury allows teams full sideline conference privileges.

Coaches On The Field Of Play

5. Coaches that violate the interference rule while on the field may be ejected after receiving a verbal warning first and one flag for unsportsmanlike conduct. Second unsportsmanlike flag is an automatic ejection.
6. Coaches on the field must be a minimum of ten (10) yards back from the line of scrimmage at the snap
7. Coaches on the field may not address game officials in a derogatory or critical fashion. This offense results in a fifteen (15) yard penalty for unsportsmanlike conduct.
8. If an on field coach interferes during a down, besides the 15 yard unsportsmanlike penalty against him, the team shall be penalized depending if it's the offensive or defensive team coach that commits the offense.

Regarding The Offense

9. The center can never be an eligible receiver
10. The only eligible receivers are those lined up on the end of the line and all players legally in the back field which is a maximum of five players
11. In the YSFL, since there are no scrimmage kicks, there is no such foul as roughing the center
12. The quarterback can never be an eligible receiver

The Restricted Box

13. The restricted box length is the same as the team box 20 yard line to 20 yard line
14. The depth of the restricted box is one (1) yard off the sideline
15. During a down, coaches are permitted in the restricted box but not any players
16. Once the ball is snapped, no player or non player may be in the restricted box until the down ends.

More Timing

17. Games are played in two equal halves of twenty (20) minutes each
18. The game clock is a running clock with only stoppages for charged and officials time-outs.
19. The last two minutes of the first half shall revert back to standard NFHS timing rules
20. The last two minutes of the second half shall revert back to standard NFHS timing rules

Scoring Values

21. A team is awarded six points for a running touchdown and seven points for a passing touchdown.
22. An extra point is taken from the five (5) yard line
23. The offense is awarded one (1) point for a run and two (2) points for a pass on an extra point attempt
24. If the offense scores an extra point during the try from a backward pass, they shall be awarded one (1) point

Referee's Responsibility

25. The referee is totally responsible to record the accurate scoring of each game that he works
26. The referee is responsible to submit to the YSFL site administrator a completed game card
27. The referee is the only official on the field that can keep the official game time
28. The referee is responsible to time the play clock for each down

Miscellaneous Offensive & Defensive Formations

29. The offense can have 4 men lined up on the left side of the center, all whom are on the line of scrimmage, and only the center and the outside receiver go out for a pass. This would be a legal play.
30. If the offense lines up a center with 2 receivers on the left side (1 slot and one wide out both on the line of scrimmage and more than four (4) yards from the football) and does the same on the right side. The only offensive player that has to be in a 3 or 4 point stance is the center.
31. If the defense has 4 linemen within 4 yards of either side of the ball and they are all down in a 3 or 4 point stance, and prior to the snap of the ball both corners come up into press coverage on the wide receivers. This is a legal play.
32. The offense is within 5 yards of the opposing team's end zone. The defense blitzes their linebackers. This is a legal play.

Miscellaneous YSFL Rules

33. Unless directed otherwise by the YSFL site administrator, if a team fails to have the minimum number of players to start at the scheduled game time, the game shall be declared a forfeit.
34. If a safety is scored, the ball shall next be placed at the 30 yard-line.
35. Excessive celebration following a score that the officials feel is degrading and unsportsmanlike shall result in a five yard penalty for delay of game.

2014 YSFL PART 1 EXAMINATION

ANSWER SHEET

1. T
2. T
3. T
4. T
5. T
6. F
7. T
8. T
9. F
10. T
11. F
12. F
13. F
14. F
15. F
16. T
17. F
18. T
19. F
20. T
21. F
22. T
23. T
24. T
25. T
26. T
27. T
28. T
29. T
30. T
31. F
32. F
33. T
34. F
35. F