

YSFL PRO BOWL RULES AND GUIDELINES

1. The YSFL Pro Bowl game will take place at a location TBD on a Saturday one week following the YSFL State Championship. The location will be posted on each of the State tournaments websites nearer to the events. In Florida both the Division 1 and Division 2 events will be held on the same day.
2. All Pro Bowl selected players are **required to attend both the Pro Bowl banquet and the YSFL State Championship game** (Pro Bowl players should attend their specific age divisions State game).
3. All Pro Bowl players will be announced and presented at that seasons Pro Bowl Banquet. Each team will be announced at the Pro Bowl banquet and presented with their YSFL sponsored Pro Bowl Jersey. **No Pro Bowl player will be permitted on any Pro Bowl team without attending their State Championships and Pro Bowl banquets.**
4. The Head coaches of the Pro Bowl teams will meet with all their Pro Bowl team players to discuss their practice plans, at the State Championship games following each of the divisional state trophy presentations.
5. **PRO BOWL RULES** – The following rules apply for the Pro Bowl.
 - There will be a Pro Bowl team (based on number of teams) for each of the West Conference North – West Conference South – East Conference North – East Conference South.
 - The Pro Bowl will be a round robin tournament culminating in a Pro Bowl championship and runner up game. (Example: NW vs. NE, SW vs. SE and followed by the Winners and Runner up games)
 - Teams will comprise an average of 11 players. Alternate players will be selected in case of a player cancelling.
 - Players will be typically be selected to the Pro Bowl under the following guidelines (*This is a guideline and not set in stone, the YSFL reserves the right to select whom they desire and the YSFL word is final*):
 - ✓ Conference Champions will be given 3 players(3)
 - ✓ Conference Runners up will be given 2 players (2)
 - ✓ The Regional team with the best record in their Region will be given 2 players (2)
 - ✓ The next 5 teams with the best records in the region will be given 1 player (5)
 - ✓ 4 wild card players *may* be assigned to the teams selected by the YSFL Pro Bowl Selection Committee (4)
 - The Pro Bowl player selection process will be as follows:
 - ✓ Each team coach will provide 3 player nominations to the committee, (one offense, one defense and one athlete). These are **NOMINATIONS ONLY**. The YSFL will then select the appropriate player from those nominations.
 - ✓ The YSFL will have spotters during the season to isolate players that will qualify for the wild card spots.
 - **All players on each team MUST play a minimum of a half of the Pro Bowl game.** A YSFL representative will be assigned to each game to ensure the Minimum Play Rule is applied fairly.
 - The 25 second “between plays” clock will be extended to 35 seconds to allow coaches time.
 - The game will be extended from the standard two 22 minute continuous clock halves to 25 minute continuous clock halves.
 - To give coaches time to get all their players into the game there will be no mercy rules at all.
 - There will be no trophies or after game presentations...only handshakes and a lot of bragging!!!
 - Players will wear their own helmets. Teams can decide on pant color or just opt for their own team pants.
 - The Head Coaches of each of the teams will be assigned by the YSFL. Head Coaches may then add as many coaches as they want from their represented team coaching staffs.
 - The following Practice format should be considered to ease regional travel issues.
 - ✓ Initial Meeting at the State Championship game field.
 - ✓ ONE practice to be held somewhere between furthest points of the region where players live.
 - ✓ Have the players arrive at the Pro Bowl field 2 ½ hours prior to the game and have a 1 ½ hour practice at the game field