

WHAT DOES THE CHEERLEADING PROGRAM OFFER?

Age Divisions

- 6U 5 - 6 year olds
- 8U 7 - 8 year olds
- 10U 9 - 10 year olds
- 12U 11 - 12 year olds
- 14U 13 - 14 year olds
- 15U 15 year olds

Open Divisions

- Junior Open 5 – 12 year olds
- Senior Open 11 – 15 year olds
- Open 5 – 15 year olds

*(**ages of cheerleaders based on July 31st on the year previous to the year in which the tournament is being held. EXAMPLE: If the tournament is being held in 2020 then the age is based on July 31st, 2019)*

INCLUDES:

1. **Cheer Spirit Pack** – this pack includes Soffe shorts, Tank Top and a Cheer Bow with a couple of different style choices.
2. **Cheer at Football Games** – teams can cheer at each of their team's football games. This is optional, cheerleaders can cheer for any team, and can cheer as a group of *all* cheerleaders or as divisional groups.
3. **Regular Season Half Time Routines** – Cheerleaders can present their cheerleading routines at the half times of each of their team's football games.
4. **YSFL Cheer Competition & Other Spring Cheer Competitions** – Teams get to enter the YSFL Cheer competition. There is a total of 11 divisions. Cheer Teams can enter as many divisions as they wish for the competition. Routines do not have to be the same. (i.e. if a cheer team has many peewee age cheerleaders and only a few supers age cheerleaders, they can enter the Peewee division and the Junior open division in the competition.)

Please Note: All teams/cheerleaders that are registered in the YSFL tournament are entitled to enter the YSFL State Championship Cheerleading Competition. However, for this competition YSFL partners with Spirit Championships (www.spiritchampionships.com) a spring program that offers a variety of cheer competitions. The YSFL cheer teams can participate in the YSFL final season competition AND ALSO participate in the other Spirit Championships competitions offered through our partnerships program.

5. **Present Competition Cheer Routines at the YSFL State Football Championships** – The YSFL provides up to 24 slots where cheerleading teams can present their routines on the field at state games. Cheerleaders will be introduced, and their routines broadcast on the YSFL State Jumbotron.
6. **John Walters Spirit Award** – Each team will be entitled to nominate one cheerleader for this award that is presented at the YSFL State Championships. This award recognizes cheerleaders that have excelled in the educational and community service arena.
7. **Trophies** – All competition teams receive a team trophy and cheerleaders a winners or participation medal.
8. **Insurance** – All cheerleaders that participate in the YSFL cheer program are covered under the YSFL Insurance program.

GENERAL ITEMS:

1. Deadline for team registration – 2nd week of the YSF Season games.
2. NFHS (National Federation of State High School Association) Spirit Rules for Cheerleading shall apply
3. Cheer Uniforms not compulsory. The YSFL does not provide these.