AGE AND WEIGHT DIVISIONS

DIVISION: (Age is based on “League Age” determined by the player’s age as of July 31st of the year preceding the playing of the tournament. (i.e. if the tournament is being played in 2020 then the player’s age is based on July 31st, 2019)

IMPORTANT NOTE: The Youth Spring Football League (YSFL) is an unlimited weight program. There are game check ins every week before a game where players are checked in against their documentation.

- 6 U 5 & 6yrs unlimited weight
- 8 U 7 & 8yrs unlimited weight
- 10 U 9 & 10yrs unlimited weight
- 12 U 11 & 12yrs unlimited weight
- 14 U 13 & 14yrs unlimited weight
- 15 U 15 yrs unlimited weight

Note - For the Florida market ONLY the YSFL runs a D1 and D2 tournament. However D2 tournament does NOT have the 6U or 15U divisions.

Note - Players may play in their designated divisions as well as up ONE division from their age group only. i.e. a 10 year old may play on the 10U and 12 U teams.